

A woman with dark hair, wearing a bright yellow textured cardigan over a dark top, is shouting into a blue megaphone. Her right arm is raised with her fist clenched. The background is a bright yellow geometric shape. The overall image conveys a sense of leadership and passion.

# CHOOSE TO LEAD.

# BUILD YOUR BOLD.

**Empowered. That's how Brescia will make you feel.**

From your first day on campus, you'll feel a groundswell of support. It won't come in the way of hand-holding—you don't need that—but it will come in the way you're asked: What do you think? What would you do? What are your dreams? How can I help? At Brescia, you'll discover—and embrace—your own brand of bold.

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UNIVERSITY COLLEGE  
**Brescia**

# TAKE YOUR PLACE IN HISTORY.

Everywhere you look at Brescia, you'll see women—extraordinary, phenomenal, remarkable women—in leadership roles.

You'll be invited, inspired, encouraged, and challenged to join them.

Not to imitate them, but to develop your own identity and leader character. During your time at Brescia, you'll become a woman of influence, adept at making a positive, meaningful impact.

You'll take your rightful place and be the person you want to be in your community—and the world.

**81%**

Of women's college and university graduates report their institution was "extremely or very effective" in preparing them for future jobs.\*

**87%**

Of women's college and university alumnae were more likely to graduate in four years or less compared to 54% of public university alumnae.\*

**51%**

Of alumnae who attended women's colleges and universities completed graduate degrees vs. 27% of public university alumnae.\*

\*SOURCE: HARDWICK-DAY REPORT



"Brescia's all-women's learning environment allows women, like me, to feel inspired to lead while being surrounded by the powerful female leaders of tomorrow. Being a Brescia student means that I feel comfortable to lead authentically and have the opportunity to flourish with the support of many great role models, including fellow students, faculty, and staff."

**AVA CARTER**  
Family Studies & Human Development



"Brescia provides women around the world with a supportive and inclusive community that gives them the tools and leadership skills they need to conquer both their professional and personal goals."

**GILLIAN DARLINGTON**  
Nutrition and Dietetics

# ENJOY THE BEST OF BOTH WORLDS.



## WALK (5 MINUTES!) THIS WAY

Right next door to Brescia is the Ivey Business School—and right across the street is Alumni Hall, where Western hosts basketball and volleyball games, and where you will walk across the stage and receive your degree at convocation.

## WHEN YOU'RE A STUDENT AT BRESCIA, YOU ARE ALSO A STUDENT AT WESTERN UNIVERSITY.

That's because Brescia is affiliated with Western, one of the largest universities in Ontario. You will truly benefit from the "best of both worlds"—Brescia's close-knit community and student-centred approach, along with access to everything that Western has to offer. When you graduate from Brescia, your degree is granted by Western University.

### Brescia Offers:

- Innumerable leadership opportunities
- Exceptional community mentors through our professional Mentoring Program
- Dynamic, small classes
- Generous scholarship support
- A supportive and engaging community

### Western Offers:

- Close to 200 student clubs and associations
- 46 varsity sports
- One of the largest intramural sports programs in Canada

Although we're Canada's only women's university, we have students from all Western affiliates and main campus taking classes at Brescia. Because of our affiliation with Western, you'll have classes with men. They're also welcome to use our facilities, such as the Beryl Ivey library and the Mercato.



# SPEAK YOUR MIND.

## AT BRESCIA, LEARNING IS ACTIVE.

Professors don't just lecture—they invite you into discussions and dialogue. They'll ask you questions that are designed to make you think. They expect you to have an opinion and speak your mind—even if you don't agree with them. They'll teach in unique ways—whatever it takes to make sure you learn what you need to know. Their passion for teaching will inspire you, and their high expectations will become your own. They will become people you never forget.

### Brescia professors are always exploring new ways of teaching. As a student, you might:

- Learn leadership skills through an origami competition
- Play the game show "Jeopardy" to discuss key concepts of course material
- Analyze case studies and explore how to handle difficult situations
- Design a restaurant, including the menu and the floor plan
- Interview representatives of nonprofit organizations
- Prepare and present brief skits about key course concepts
- Debate women's roles in dystopian books like *The Hunger Games* or *The Handmaid's Tale*
- Attend a presentation from a Brescia alumna working at the United Nations

# DEVELOP YOUR LEADER IDENTITY.

## BRESCIA CHALLENGES YOU TO EXPLORE YOUR LEADERSHIP POTENTIAL AND PREPARES YOU TO FACE OUR WORLD'S CHALLENGES.

Brescia prepares you to lead—with wisdom, justice, and compassion—by first preparing you to lead yourself. That means discovering, understanding, and embracing the values that are most important to you, so that when they are challenged (and they will be challenged), you can clearly give voice to them. We will prepare you to be a woman of influence to create meaningful change.



"Being a 'bold' leader isn't about style or about being the one that's louder than everyone else. It is about the internal, quiet confidence to put yourself out there in the world. I believe anyone can choose to lead in their own way."

**Dr. Marlene Janzen Le Ber**  
Professor, Leadership Studies  
and Distinguished Chair  
Centre for Women  
and Leadership

### MAJOR IN LEADERSHIP

If you aspire to lead, our Leadership Studies degree program will put you at the forefront of leadership learning. By studying leadership, you'll learn about yourself as a leader and how you interact with others. You'll come to see how you can help shape the world—for the better.



## THE HIVE

We want to make life easy for you. That's why we created The Hive, your one-stop-shop for all student services. Whenever you need to talk with an academic advisor, financial aid officer, or career advisor, just head to The Hive!

# CELEBRATE YOUR SUCCESS.

**WHEN WE SAY YOUR EDUCATION AT BRESCIA IS STUDENT-CENTRED, WE MEAN IT.**

Students are at the core of every decision we make—from program design to curriculum planning to service offerings. Whenever we face tough decisions, we always ask, “What’s best for our students?” Thanks to small class sizes, you will have direct interaction with your professors. If you’re ever struggling, need direction or support—or want to celebrate your achievements—you can count on your professors and academic advisor to be there for you. You are the reason we are here.

# CULTIVATE YOUR MIND.

**IT'S IN YOU: THAT SPARK. THAT FIRE. THAT DESIRE TO REALIZE YOUR DREAMS.**

Brescia stokes that fire by helping you gain the experiences you need to be whatever you want to be. Because professors and staff actually know you, they can keep their eyes open for opportunities that fit you best—whether that's an internship, field placement/practicum, or research position. Through our BE International Program, you can study abroad for a term or a full year in places like the Netherlands, France, England, Japan, Ireland, or Barbados. We'll help you get where you want to go!

## REAL WORLD EXPERIENCES

Our students have completed field placements with community partners such as:

- Aberdeen Public School
- Arcane Media
- Big Brothers Big Sisters
- Chelsey Park Retirement Community
- City of London
- Community Living London
- Dale Brain Injury Services
- Hutton House
- Investing in Children
- London Economic Development Corporation
- London Community Chaplaincy
- London InterCommunity Health Centre
- London Urban Services Organization
- McKenzie Lake Lawyers
- Merrymount Family Support and Crisis Centre
- My Sister's Place—Micro-Enterprise
- My Sister's Place—Peer Support
- Royal Bank of Canada
- Salvation Army Correctional & Justice Services
- Thames Valley District School Board



Photo courtesy of Grace Wu

## LEARNING TO LEAD

Even before she graduated from Brescia, Grace Wu (pictured at left) had a full-time position as a banking advisor lined up with Royal Bank of Canada (RBC) in Toronto. The Nonprofit Management Major credits Brescia's Francolini Summer Leadership Experience Program. Through the program, Grace worked at RBC and helped to build awareness of RBC Future Launch, a 10-year, \$500-million initiative to help youth prepare for the jobs of the future.

"My summer leadership experience was one of my greatest highlights at Brescia," says Grace, who is originally from China. "It altered my perceptions of the business world and opened my world to new possibilities."



**BRESCIA'S FOUNDRESSES, THE URSULINE SISTERS, WERE STRONG WOMEN OF FAITH WHO WERE COMMITTED NOT ONLY TO THE DEVELOPMENT OF WOMEN , BUT ALSO TO SOCIAL JUSTICE AND COMMUNITY SERVICE.**

Their vision and values live on at Brescia. By considering Brescia, you're considering an education that will do more than prepare you for your own personal success. It will prepare you to create a life that has significance—for yourself, your family, your community, and the world. You'll grow into a socially responsible citizen—one who leads with wisdom, justice, and compassion.

**CHANGE  
YOUR  
WORLD.**

**CHOOSE TO SERVE**

You'll have many opportunities to be of service to others, including such options as:

**Community Development Program:**

Through course practicum placements, you will apply community development skills in local or international agencies.

**Girls LEAD (Leadership, Education, and Development):**

Be a counsellor with Girls LEAD and empower young girls to become successful leaders through this unique and fun summer camp.

**SHEA (Students' Human Ecology Association):**

Participate in volunteer opportunities directly related to your career interest in nutrition, dietetics, food science and technology, human ecology, and family studies.

**FACULTY RESEARCH**

You can bring classroom discussions to life by conducting research alongside Brescia's expert faculty, just like Brescia student Stephanie Wong did. Stephanie joined Brescia faculty Dr. Jasna Twynstra and Dr. Jamie Seabrook on research examining the extent to which socioeconomic status, mental health, and substance use are associated with teenage pregnancies in southwestern Ontario (SWO), and whether these pregnancies are at an elevated risk for adverse birth outcomes.

# DISCOVER THE WORLD.

## WOMEN FROM AROUND THE WORLD ATTEND BRESCIA.

Brescia students are from across the globe—from the Caribbean to Asia, the United States to the United Arab Emirates. You'll collaborate in the classroom, live side-by-side in residence, and connect through clubs and organizations. While your background, culture, and faith may be different, you'll share the same desire to receive a student-centred education that leads to a rewarding future.

### SUCCESS OVERSEAS

Andrea Zheng, a Food Management & Marketing major from Nanjing, China, wanted to experience other cultures and business markets. Through the BE International Program, she studied in Chiba, Japan; Beijing, China; and at Stenden University in the Netherlands. "It is a global world," says Andrea, who won an international branding competition at Stenden. "Many companies consider your international experience when you apply for jobs. By studying abroad, you will stand out in your future job search."

### INTERNATIONAL OPPORTUNITIES

Through Brescia's BE International Program, you can enrich your university experience by living and learning in another country. You can choose to spend a few weeks, a term, or a full year studying at one of our partner schools—and earn credits that count toward your degree. Our partner schools include:

- **Anton de Kom University**  
Suriname, South America
- **Ewha Women's University**  
Seoul, Korea
- **UniLaSalle Institut Polytechnique**  
Beauvais, France
- **Mary Immaculate College**  
Limerick, Ireland
- **NHL Stenden University**  
The Netherlands
- **The University of the West Indies, Cave Hill**  
Barbados
- **Université Catholique de Lille**  
Lille, France
- **Wayo Women's University**  
Japan
- **Zuyd University**  
The Netherlands

### GET CONNECTED

The Brescia Student Connector Program pairs incoming international students with "ambassadors" who are upper-year students. Your ambassador will help you transition to Brescia and London by answering your questions, sharing experiences, and showing you around. She also will be interested in learning about you and your culture. The two of you will decide how often to meet and what types of activities to do together. You may even have the opportunity to visit her family home in Canada!



**NO MATTER THE DEGREE PROGRAM (OR PROGRAMS) YOU CHOOSE TO PURSUE, LEARNING AT BRESCIA IS ACTIVE—AND INTERACTIVE.**

You will be required to participate, challenged to think and to question, dared to dream—and dream big. You will learn from professors who not only know their subject matter but also what truly matters in life. You will go beyond preparing for a test, to preparing for a rewarding future.

**ACTIVATE YOUR BRAIN POWER. | ACADEMIC PROGRAMS**

**LEADERSHIP STUDIES**

**YOU'LL BE EMPOWERED** to develop your skills and leader character.

**YOU CAN EXPERIENCE** the Francolini Summer Leadership Experience and apply skills learned in the classroom to solve a real organizational issue.

**YOU'LL BE PREPARED** to make positive change in the world around you.

**OUR GRADUATES** lead in business, government, health care, social services, and media. Their job titles include:

- Community Animator, Pillar Nonprofit Network
- Director, Social Media
- Program Coordinator, YMCA
- Financial Advisor/Regional Leader, Edward Jones
- Program Facilitator, Epilepsy Southwestern Ontario
- Candidate, LLB, Osgoode Law School

**ENGLISH**

**YOU'LL BE EMPOWERED** to write, edit, teach, or pursue a variety of careers.

**YOU CAN EXPERIENCE** an academic exchange to England.

**YOU'LL BE PREPARED** to apply your well-developed oral and written communication skills in a workplace or graduate program.

**OUR GRADUATES** find rewarding careers in positions, such as:

- Leader, Health Public Policy, Calgary Health Region
- Director of Communications, Manulife Financial
- Supervisor, Halton Regional Police Service
- Writer/Editor, Canadian Marketing Association
- Enterprise Account Manager, Microsoft Canada

**FOCUS YOUR STUDIES** by choosing the major in **Creativity & Literature**.

**FAMILY STUDIES & HUMAN DEVELOPMENT**

**YOU'LL BE EMPOWERED** to work in a variety of careers, from mediator to educator.

**YOU CAN EXPERIENCE** remarkable opportunities, such as a hands-on practicum course, that will prepare you for the real world.

**YOU'LL BE PREPARED** to pursue graduate or professional education in various disciplines.

**OUR GRADUATES** job titles include:

- Relief Counsellor, Elizabeth Fry Society of Peel-Halton
- Executive Director, Meals on Wheels of Ontario
- Community Facilitator, Muslim Resource Centre
- Sales Representative, Pfizer Canada Inc.

**FOCUS YOUR STUDIES** by choosing the **Nutrition & Families** module, which leads to the post-graduation designation of Professional Home Economist (PHEc).

**FOODS & NUTRITION**

**YOU'LL BE EMPOWERED** by experienced, well-known faculty and hands-on learning (in a brand new facility!) in one of Canada's most highly regarded nutrition programs.

**YOU CAN EXPERIENCE** hands-on volunteer activities that can help you land a practicum placement.

**YOU'LL BE PREPARED** to apply your knowledge of nutrition and food-related subjects to a variety of career and professional programs.

**OUR GRADUATES** succeed in a variety of roles, including:

- Paediatric Dietitian
- Director of Women's Marketing North America, Adidas America
- Infection Control Practitioner, Blue Water Health
- Cancer Information Specialist, Canadian Cancer Society
- Food Specialist, Canadian Food Inspection Agency
- Neuroscience Specialist, Eli Lilly Canada

**FOCUS YOUR STUDIES** by choosing the accredited **Nutrition & Dietetics** module or select the **Food & Nutrition** module which allows you more flexibility in your coursework. Narrow your interests by taking courses in the areas of **Community & Population Nutrition including Food Policy, Food Service Management and Distribution, Food Science, Food Processing, or Food Safety and Regulation**.

**FRENCH**

**YOU'LL BE EMPOWERED** for various careers, from teacher to translator.

**YOU CAN EXPERIENCE** observing teachers and working with students in Ontario schools.

**YOU'LL BE PREPARED** for guaranteed entry into Western's Bachelor of Education program.

**OUR GRADUATES** hold a variety of job titles, including:

- Senior Officer, Trade Compliance, Canada Border Services Agency
- Librarian, London District Catholic School Board
- Public Relations Officer, Museum of Ontario Archaeology
- French Language Services Coordinator, Ministry of Transportation
- Core French Teacher, Lambton Kent District School Board
- Digital Engagement Specialist, 3M Canada

**FOCUS YOUR STUDIES** by choosing from various French-focused modules, such as **French for Teaching**.

# ACADEMIC PROGRAMS CONT.

## HEALTH SCIENCES

**YOU'LL BE EMPOWERED** to lead in a variety of health-related careers.

**YOU CAN EXPERIENCE** the flexibility of combining health sciences with other areas of study.

**YOU'LL BE PREPARED** to pursue graduate or professional education in various disciplines.

**OUR GRADUATES** have gone directly into a wide array of careers, including:

- International Funding Coordinator, Barbados Olympic Association
- Marketing Assistant, Pioneer Global Investments
- Clinical Director, Pro Function Chiropractic and Sports Injury Clinic

## HISTORY

**YOU'LL BE EMPOWERED** to direct your own career path in a changing world.

**YOU CAN EXPERIENCE** the flexibility to choose an honours degree or double major.

**YOU'LL BE PREPARED** to pursue advanced degrees in North America and the UK.

**OUR GRADUATES** have far-ranging job titles, including:

- Entertainment Director, Boot Hill Museum
- Librarian, New Central Library, Calgary
- Corporate Records Analyst, City of Kitchener
- Development Officer, Leadership Giving, London Health Sciences Foundation
- Legal Counsel, Department of Justice Canada
- Lawyer, Sarnia-Lambton Children's Aid Society

**FOCUS YOUR STUDIES** in **Power in History & Politics** that includes an experiential learning course.

## KINESIOLOGY

**YOU'LL BE EMPOWERED** through one of the most comprehensive programs in Canada.

**YOU CAN EXPERIENCE** kinesiology courses on Western's campus and electives at Brescia.

**YOU'LL BE PREPARED** through this flexible degree to pursue professional programs.

**OUR GRADUATES** hold various job titles, including:

- Teacher, Peel District School Board
- Primary Response Worker, LOFT Behavioural Support Services
- Fitness Professional

## MANAGEMENT & ORGANIZATIONAL STUDIES

**YOU'LL BE EMPOWERED** to build a solid business foundation so you can lead boldly.

**YOU CAN EXPERIENCE** working eight to sixteen months "in industry."

**YOU'LL BE PREPARED** to enter your career with well-developed management and leadership skills through your hands-on classroom experiences.

**OUR GRADUATES** succeed in a variety of positions, including:

- Human Resources Manager, First National Bank
- Talent Strategy and Development Specialist, London Health Sciences Centre
- Senior Associate, PricewaterhouseCoopers LLP
- Market Logistics Manager, Procter & Gamble
- Accountant, Auditor, Canada Revenue Agency
- Director of Healthcare, Sysco Food Services Inc.

**FOCUS YOUR STUDIES** by choosing areas such as **Accounting, Consumer Behaviour, Food Management & Marketing, and Nonprofit Management.**

## PHILOSOPHY

**YOU'LL BE EMPOWERED** to be influential and persuasive in your career and in your life.

**YOU CAN EXPERIENCE** opportunities to explore fundamental issues, such as justice.

**YOU'LL BE PREPARED** to pursue a variety of graduate and professional programs.

**OUR GRADUATES** succeed as authors, professors, and counsellors. They also hold job titles, such as:

- Lawyer
- Coordinator, Nobel Women's Initiative
- Return to Work Specialist, Workplace Safety and Insurance Board

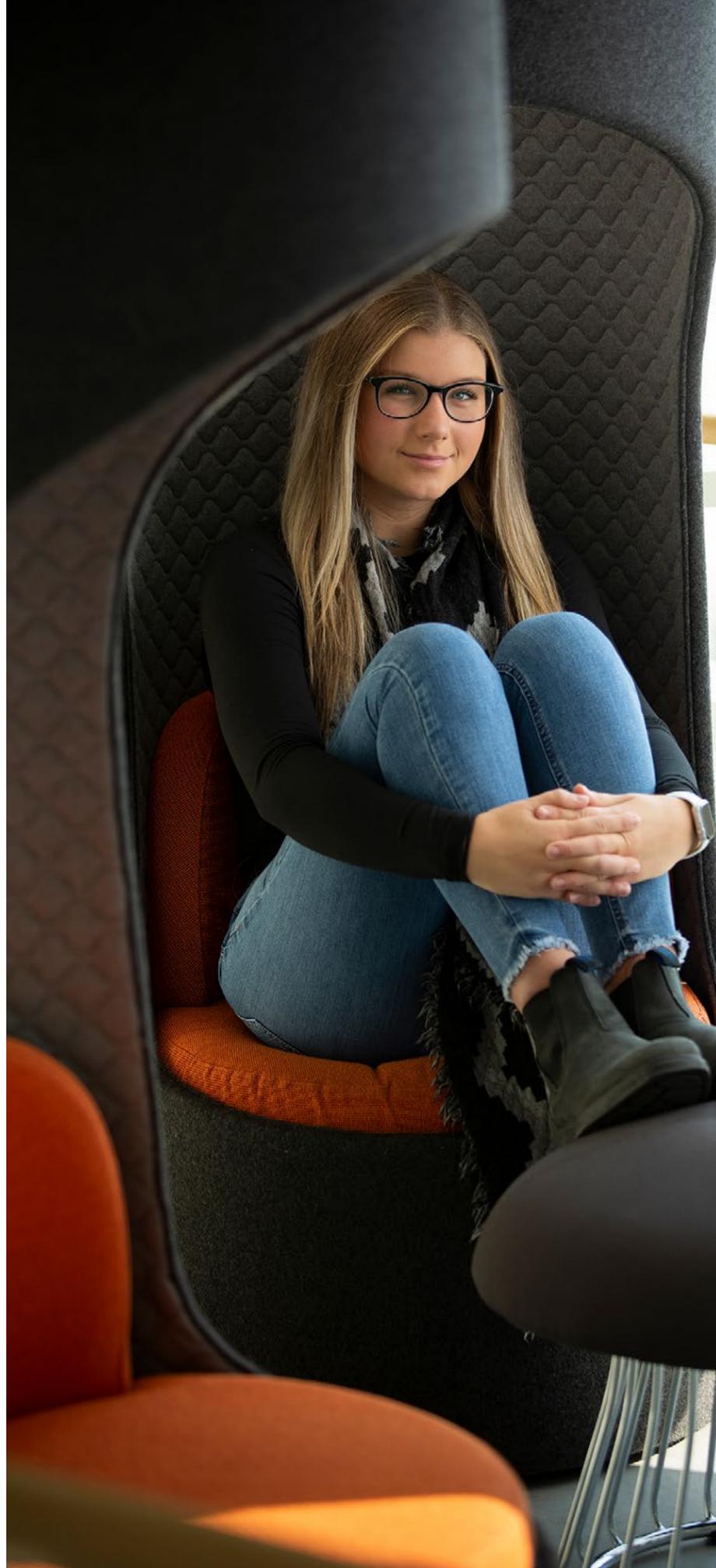
## PRELIMINARY YEAR (FOUNDATION YEAR) PROGRAM

**YOU'LL BE EMPOWERED** to successfully gain entrance into first-year university studies.

**YOU CAN EXPERIENCE** a one-year, co-educational foundation year with other students.

**YOU'LL BE PREPARED** to start your university studies confident in your academic abilities.

**OUR GRADUATES** have the academic and study skills needed to succeed in university programs.



## POLITICAL SCIENCE

**YOU'LL BE EMPOWERED** to work in a variety of careers in areas such as public policy.

**YOU CAN EXPERIENCE** a "Women in Civic Leadership" course where you work alongside a local woman leader.

**YOU'LL BE PREPARED** to pursue graduate work in politics or public administration.

**OUR GRADUATES** succeed in a variety of roles, including:

- Assistant VP, e-Commerce Banking
- President and Founder, Cake Beauty Inc.
- Policy Analyst, OCUFA
- Foreign Services Officer, Ministry of Foreign Affairs
- Manager, Investigations, Mutual Fund Dealers Association of Canada
- Director of Communications and Marketing, London Economic Development Corporation

**FOCUS YOUR STUDIES** in the new **Power in History & Politics**, which includes an experiential learning course.

## PSYCHOLOGY

**YOU'LL BE EMPOWERED** to understand and explain thought, emotion, and behaviour.

**YOU CAN EXPERIENCE** a fourth-year thesis option and work on your own research under the guidance of a professor.

**YOU'LL BE PREPARED** to solve complex problems and exercise excellent decision-making skills in the workplace, graduate schools, or professional programs.

**OUR GRADUATES** succeed in a variety of careers, including:

- Mental Health Worker, Canadian Mental Health Association
- Recreation Coordinator, City of Edmonton
- Speech Language Pathologist, Greenwich Hospital
- Specialist-Parts, Transportation, & Logistics, Mazda Canada Inc.
- Primary Crisis Counsellor, Violence Against Women Services, Elgin County
- Community Engagement Coordinator with Immigration Partnership, Region of Waterloo

## POST-GRADUATE PROGRAMS

- **Diploma in Management Studies**
- **Diploma in Dietetic Education & Practical Training**
- **Diploma in Diversity and Families**
- **Master of Science in Foods and Nutrition (MScFN) Thesis Stream**
- **Master of Science in Foods and Nutrition (MScFN) Internship Stream**
- **Master of Engineering in Food Processing (MEng)**

## RELIGIOUS STUDIES

**YOU'LL BE EMPOWERED** to search the depths of what it is to be human.

**YOU CAN EXPERIENCE** opportunities to explore important questions about life.

**YOU'LL BE PREPARED** to enter graduate and professional programs.

**OUR GRADUATES** hold various job titles, including:

- Income Processing Associate, Compassion Canada
- Chaplain, Department of National Defence
- Enhanced Language Instructor, London District Catholic School Board
- Social Planner, Social Planning & Research Council of Hamilton
- Teacher, St. Clair Catholic District School Board
- Customer Relations Coordinator, TD Canada

## SOCIOLOGY

**YOU'LL BE EMPOWERED** to critically evaluate social issues relevant to society.

**YOU CAN EXPERIENCE** researching social issues of interest to you for your capstone course or complete a practicum placement course.

**YOU'LL BE PREPARED** to think critically and be socially aware for careers related to policing, corrections, courts, law, social services, and policy, or for further research at the graduate level.

**OUR GRADUATES** have gone on to rewarding careers as:

- Vice President, Marketing, Banff Television Network
- Representative to the United Nations, Baha'i International Community
- Assistant Manager-Event Planning, London Convention Centre
- Protection and Customary Care Support Worker, Chatham-Kent Children's Services
- Compensation Analyst, IBM
- Probation and Parole Officer, Ministry of Children and Youth Services

**FOCUS YOUR STUDIES** by choosing from modules such as **Criminal Justice, Community Development, Community Development in a Global Context, and Crime & Communities.**

## THE BRESCIA COMPETENCIES

- 1 COMMUNICATION**  
Excel in oral, written, interpersonal, and group communication skills
- 2 CRITICAL THINKING**  
Rational, informed, independent, and open-minded exploration of issues
- 3 INQUIRY AND ANALYSIS**  
Break down complex issues to arrive at informed decisions
- 4 PROBLEM SOLVING**  
Create and execute strategies to answer questions or achieve goals
- 5 SELF AWARENESS AND DEVELOPMENT**  
Demonstrate honest and fair reflection and self-evaluation
- 6 SOCIAL AWARENESS AND ENGAGEMENT**  
Engage in and contribute to positive change
- 7 VALUING**  
Make decisions and choose actions based on your principles and values

## THE BRESCIA BOLD COURSE YOUR FIRST-YEAR SEMINAR EXPERIENCE

Set the stage for university success with **Brescia BOLD: IDS 1200A/B**, taught by Brescia's President, Dr. Laretta Frederking, and Associate Academic Dean Dr. John Mitchell. This interdisciplinary course for first-year students prepares you to live well, learn deeply, and lead in service to others.



Dr. Laretta Frederking, President

# SET YOURSELF APART.

**FROM YOUR COURSE ASSIGNMENTS TO YOUR VOLUNTEER ACTIVITIES, BRESCIA'S SEVEN COMPETENCIES ARE WOVEN INTO EVERYTHING YOU DO HERE.**

What are the Brescia Competencies? They are attributes that make you an effective leader. Skills that help you solve problems. Abilities that enable you to positively impact the world. Brescia Alumna Lin Yuan-Su explains it best: "What Brescia teaches students is way more than an area of study. When you graduate, you are given wings to fly. Brescia's Competencies are those wings."

## NEED PROOF THAT BRESCIA LISTENS TO ITS STUDENTS? LOOK AT OUR RESIDENCE.

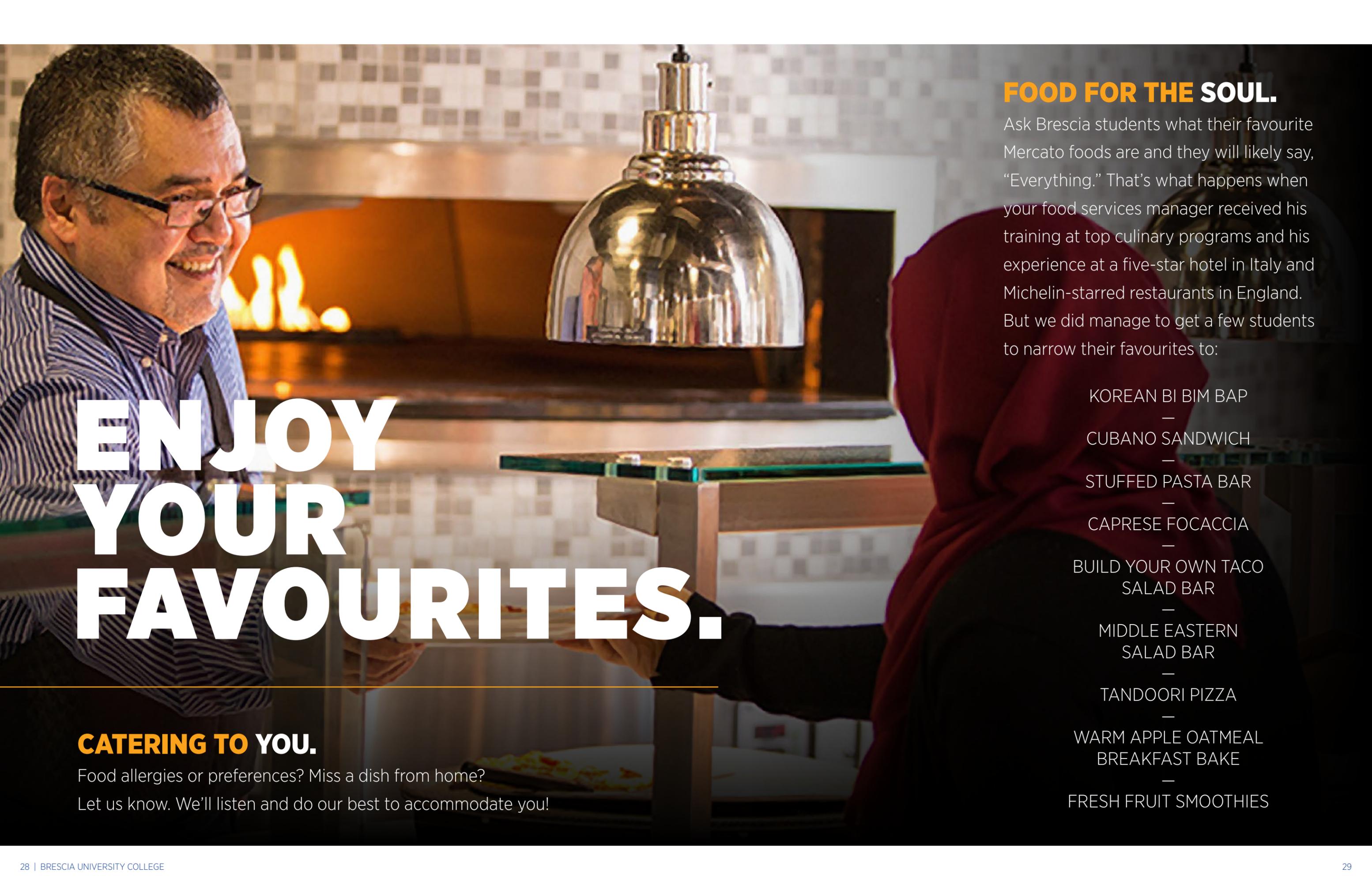
This \$31-million facility was created for students by students. They said they wanted big closets; we gave them 2-by-2-metre closets. They said they wanted big beds; we gave them queen-sized ones and even offer some premium king-sized beds now, too. They said they wanted their own sink; they got it—along with Wi-Fi, fridge, desk, and bookshelves. Oh, and room-darkening blinds, heat and AC control, and a window seat with a view (a really, really great view). Live in residence, and you'll get all of that, too.

# LIVE IN LUXURY.

### KEEPING IT GREEN

We built our residence with you and the environment in mind. From highly efficient heating, cooling, and ventilation equipment to thoughtful placement of operable windows, our residence is a shining example of environmentally responsible development. Our commitment to our students and the planet resulted in an environmental rating of Five Green Globes—the highest possible.





# ENJOY YOUR FAVOURITES.

## **CATERING TO YOU.**

Food allergies or preferences? Miss a dish from home?

Let us know. We'll listen and do our best to accommodate you!

## **FOOD FOR THE SOUL.**

Ask Brescia students what their favourite Mercato foods are and they will likely say, "Everything." That's what happens when your food services manager received his training at top culinary programs and his experience at a five-star hotel in Italy and Michelin-starred restaurants in England. But we did manage to get a few students to narrow their favourites to:

KOREAN BI BIM BAP

—

CUBANO SANDWICH

—

STUFFED PASTA BAR

—

CAPRESE FOCACCIA

—

BUILD YOUR OWN TACO  
SALAD BAR

—

MIDDLE EASTERN  
SALAD BAR

—

TANDOORI PIZZA

—

WARM APPLE OATMEAL  
BREAKFAST BAKE

—

FRESH FRUIT SMOOTHIES

# MAKE YOUR HOME.

**NO DOUBT ABOUT IT: TRANSITIONING TO UNIVERSITY CAN BE CHALLENGING. YOU CAN COUNT ON US TO DO ALL WE CAN TO HELP YOU FEEL AT HOME.**

Our staff and faculty will warmly welcome you and encourage you to get involved. Attending Orientation Week is the perfect way to get off to a great start. Brescia's Soph Peer Mentor Team (we call them "Sophs") will be there to enthusiastically greet you and support you. These upper-year student mentors are dedicated to helping you during OWeek and throughout your first year at Brescia.



## NURTURE YOUR SPIRIT

Brescia Campus Ministry is with you on your life's journey, providing the support and encouragement you need as you discern your life's direction. We offer a variety of spiritual and leadership opportunities, including pastoral counselling, spiritual direction, and faith exploration. While Brescia is rooted in Catholic faith and tradition, we celebrate diversity of faith. All are welcome.



## TRANSITIONING TO BRESCIA

Whether you're coming to Brescia from another country—or across the city—we have programs in place to help your transition:

**Orientation Week:** "OWeek" at Brescia and Western is action-packed and known for being amazing. You'll make new friends, participate in fun activities, and get to know both campuses—before classes even start!

**Soph Team:** This dedicated group of upper-year students will be there with you during OWeek and beyond—to support and guide you through your first year at Brescia.

**International Bridging Program:** International and out-of-province students will receive guidance on everything from academics to transportation—even where to eat and shop.

# DEFINE YOUR FUTURE.

## WONDERING WHERE YOUR BRESCIA EDUCATION WILL TAKE YOU IN THE FUTURE? WHEREVER YOU WANT TO GO.

When you graduate from Brescia, you'll join an impressive alumnae network—women who are extraordinary people as well as extraordinary leaders. They live, work, lead, and learn all over Canada—and the world. Here are just a few of our inspiring graduates and the positions they hold. Imagine yourself among them.

### HELP IS HERE

If you get off track at Brescia, we have the resources to help get you right back on. Our CARE Program, for example, connects you to services and supports before difficulties become overwhelming. If you face significant, complex life circumstances, our Case Management Services will provide confidential care, coordination, and support. If you feel stressed about your career path, meet one-on-one with a career advisor at the Student Life Centre or a career peer, an upper-year student leader who is trained to provide on-the-spot resume, cover letter, and LinkedIn profile reviews.

### REWARDING CAREERS

Your Brescia education can lead to a fulfilling career, just like it has for:

- **Hien Ngo, CLASS OF 2016**  
**Sociology | Constable, London Police Service | London, Ontario**  
“Brescia provided me with many opportunities to grow as a leader. Brescia has the support, resources, and guidance you need to be successful.”
- **Tina Buttineau, CLASS OF 2015**  
**French Language**  
**French Teacher, Bluewater District School Board**  
“As a graduate of the French program, I always felt like I mattered and that I belonged. This is the feeling that I strive to create for my students every day as a French Immersion teacher.”
- **Allison Brown, CLASS OF 2015**  
**Foods & Nutrition | Key Account Manager, Blue Buffalo Co.**  
“What stays with me about Brescia is the sense of community. From the small classes to the intimate campus, I felt part of an inspiring community.”
- **Emma Hammer-Healy, CLASS OF 2014**  
**Management & Organizational Studies**  
**Financial Analyst, Auto Data Solutions | London, Ontario**  
“Brescia offers relevant courses and real-world learning opportunities. The small class sizes allow for in-depth discussions and interactive learning.”
- **Ashlan Potts, CLASS OF 2013**  
**Leadership**  
**People and Culture Manager, Feed Nova Scotia**  
“At Brescia, I learned I was part of something bigger than myself and that motivates me to give back to my community. That’s unique to Brescia.”

### CAREER SUPPORT

To help you along your career journey, our Student Life Centre offers workshops, events, programs, and tools, including:

- Career Appointments
- Career Peers
- Classroom to Career Workshop Series
- Curricular Career Support
- Professional Mentoring Program

# APPLYING TO BRESCIA

All the information you need to apply to Brescia is available online at [brescia.uwo.ca/admissions](https://brescia.uwo.ca/admissions). Our regular academic term begins in September, though select programs offer start times in January and May. You can apply to Brescia year-round.

## INTERNATIONAL HIGH SCHOOL APPLICANTS

If you are applying to Brescia and live outside of Canada, you will be evaluated under the admission requirements unique to your country and your area of study. For more information, visit [brescia.uwo.ca/admissions/international/international\\_admission/admission\\_requirements.php](https://brescia.uwo.ca/admissions/international/international_admission/admission_requirements.php)

## INTERNATIONAL BACCALAUREATE APPLICANTS

Admission requirements for the International Baccalaureate (IB) program are as follows:

- Successful completion of the IB diploma
- Passes in a minimum of 6 subjects, of which 3 must be at the higher level
- A grade total of 25 (bonus points to a maximum of 3 will be awarded for the successful completion of the Extended Essay and Theory of Knowledge)
- No grade less than 4
- Offers of early admission are granted to students registered in the IB diploma program on the basis of interim grades (a grade total of 25) in the final year of the IB diploma program
- Admission scholarships will be based on final diploma results

## OUT-OF- PROVINCE HIGH SCHOOL APPLICANTS

If you're applying from a Canadian province outside of Ontario, you must present admission requirements specific to your province. Conditional offers are extended if you have a minimum of a 79.5% mid-year average, although limited enrollment programs may require higher admission averages. Your admission average is calculated based on your best academic courses, including English. Some programs may require background in math and/or science. Please connect with our Admissions Office to confirm your eligibility. For more information, visit [brescia.uwo.ca/admissions/admission\\_process/admission\\_requirements/out\\_of\\_province\\_high\\_school.php](https://brescia.uwo.ca/admissions/admission_process/admission_requirements/out_of_province_high_school.php)

## ADVANCED PLACEMENT EXAMS

Transfer credits may be granted for Advanced Placement (AP) courses with final examination grades of 4 out of 5. All transfer credits are subject to faculty approval. A maximum of 2.0 courses may be awarded per student.

## HOMESCHOOLED APPLICANTS

Brescia welcomes homeschooled applicants, whom we assess on an individual basis. You will need to submit some/all of the following:

- Transcript of grades
- Standardized testing results (ACT or SAT)
- Portfolio

## TRANSFERRING TO BRESCIA

**From College:** To be considered for admission, you must have:

- Completed or are currently completing the first year of a General Arts and Science, Pre-Health Science, or Human Services Foundation Certificate program with a minimum overall average of "B" (3.0 GPA)
- Completed or currently completing a two-year or three-year CAAT Diploma program with a minimum overall average of "B" (3.0 GPA)
- Have the necessary prerequisite requirements in math or science, depending on the program to which you apply. Please contact our Admissions team for more information if you are applying to Family Studies (BSc),
- Foods & Nutrition, Kinesiology, or Management & Organizational Studies

To be considered for potential transfer credits you must be currently completing or have already completed a two- or three-year diploma from a College of Applied Arts and Technology (CAAT) with a minimum average of "B" (3.0 GPA).

**From University:** If you have a minimum overall average of 70% at your previous accredited university, you will be considered for transfer to Brescia.

- We will assess your admission eligibility and your previous course work to determine which credits can be transferred
- Advanced standing may be granted for courses completed at another university with a minimum mark of 60%
- We will assess your application on an individual basis and can transfer a maximum of 10 courses
- You may be required to submit official course outlines/syllabi to determine a course equivalency at Brescia Transfer credit is subject to department approval

**International Transfer:** If you had a minimum overall average of 70% at your previous accredited university, you will be considered for transfer to Brescia. Please contact our Admissions Office to see if your institution qualifies for transfer to Brescia.

## ENGLISH LANGUAGE PROFICIENCY

You must be proficient in written and spoken English to be admitted to Brescia. If English is not your first language and you have not lived or studied in an English environment, you'll be required to provide proof of your English language abilities, such as: IELTS, TOEFL, CAEL, CanTest, Cambridge English, and PTE Academic. Brescia University College offers conditional admission to our programs after successful completion of English language training through one of our ESL partners: CultureWorks, Fanshawe College, or the English Language Centre at Western University. To learn more, email our Admissions Office at [brescia@uwo.ca](mailto:brescia@uwo.ca)

## FOR ONTARIO HIGH SCHOOL STUDENTS

	OUAC Code	Min. Admission Avg. for consideration**	Available Concentrations of Study	Ontario High School Requirements
<b>ARTS &amp; HUMANITIES</b>	EBA	80%	<ul style="list-style-type: none"> <li>• Creativity &amp; Literature</li> <li>• English Language &amp; Literature</li> <li>• French Studies</li> <li>• French for Teaching</li> </ul>	<ul style="list-style-type: none"> <li>• Philosophy</li> <li>• Religious Studies (minor)</li> <li>• Spirituality &amp; Community Leadership</li> </ul>
<b>FAMILY STUDIES &amp; HUMAN DEVELOPMENT</b>	BA: EBF BSc: EBZ	80%	<ul style="list-style-type: none"> <li>• Family Studies &amp; Human Development</li> <li>• Families &amp; Communities</li> <li>• Nutrition &amp; Families</li> </ul>	<ul style="list-style-type: none"> <li>• ENG4U</li> <li>• Required for BSc only: SBI4U, SCH4U, MCR3U or MCF3M</li> <li>• Recommended for Nutrition &amp; Families: SCH4U or SCH3U</li> </ul>
<b>FOODS &amp; NUTRITION</b>	EBH	80%	<ul style="list-style-type: none"> <li>• Nutrition &amp; Dietetics</li> <li>• Foods &amp; Nutrition</li> </ul>	<ul style="list-style-type: none"> <li>• Foods &amp; Nutrition Dual Degree HBA—Apply year two</li> <li>• ENG4U</li> <li>• SBI4U</li> <li>• SCH4U</li> <li>• MCF3M or MCR3U</li> <li>• Strongly recommended: MCV4U or MHF4U</li> </ul>
<b>HEALTH SCIENCES</b>	EBW	85%	<ul style="list-style-type: none"> <li>• BA Health Sciences</li> </ul>	<ul style="list-style-type: none"> <li>• ENG4U</li> <li>• SBI4U</li> <li>• MHF4U, MCV4U, or MDM4U</li> <li>• Recommended: SCH4U</li> </ul>
<b>KINESIOLOGY</b>	EBP	85%	<ul style="list-style-type: none"> <li>• BA Kinesiology</li> </ul>	<ul style="list-style-type: none"> <li>• ENG4U</li> <li>• SBI4U</li> <li>• Recommended: A 4U Math course</li> <li>• Recommended: A 3U or 4U Physics</li> </ul>
<b>MANAGEMENT &amp; ORGANIZATION</b>	EBD	80%	<ul style="list-style-type: none"> <li>• Accounting</li> <li>• Food Management &amp; Marketing</li> <li>• Consumer Behaviour</li> <li>• Nonprofit Management</li> </ul>	<ul style="list-style-type: none"> <li>• ENG4U</li> <li>• Two of the following: MHF4U, MCV4U, or MDM4U</li> <li>• Recommended for Food Management &amp; Marketing: SCH4U or SCH3U</li> </ul>
<b>SOCIAL SCIENCES</b>	EBO	80%	<ul style="list-style-type: none"> <li>• Community Development</li> <li>• Community Development in a Global Context</li> <li>• Community &amp; Criminal Justice</li> <li>• Criminal Justice</li> </ul>	<ul style="list-style-type: none"> <li>• History</li> <li>• Leadership Studies</li> <li>• Political Science</li> <li>• Power in History &amp; Politics</li> <li>• Psychology</li> <li>• Sociology</li> </ul>
<b>PRELIMINARY YEAR (CO-ED)</b>	EBC	70% based on entire high school transcript	<p>PRE-UNIVERSITY COURSES IN:</p> <ul style="list-style-type: none"> <li>• Biology</li> <li>• Chemistry</li> <li>• English</li> <li>• Foods &amp; Nutrition</li> <li>• French</li> <li>• Geography</li> <li>• History</li> </ul>	<ul style="list-style-type: none"> <li>• Leadership</li> <li>• Mathematics</li> <li>• Physics</li> <li>• Religious Studies</li> <li>• Sociology</li> <li>• Spanish</li> <li>• Writing</li> </ul>

\*\*Admission averages are based on the 2021 admissions cycle. Applicants who meet the minimum average are not guaranteed admission.

# MONEY MATTERS

We're committed to providing the financial assistance you need to make your Brescia education affordable. In fact, we're known for our outstanding scholarship program. Most of our scholarships are automatic and guaranteed.

## AUTOMATIC PROGRAM AWARDS

### ARTS & HUMANITIES SCHOLARSHIP: \$1500

- Entering Year 1 of an Arts & Humanities program
- Minimum 80% average
- Must register in 2.0 Arts & Humanities courses at Brescia
- Automatically awarded with offer of admission
- May be held in conjunction with a Brescia Entrance Scholarship

### FAMILY STUDIES; MANAGEMENT & ORGANIZATIONAL STUDIES; SOCIAL SCIENCES SCHOLARSHIPS: \$250

- Entering Year 1 of a Family Studies, Management & Organizational Studies, or Social Science program
- Minimum 80% average
- Automatically awarded with offer of admission
- May be held in conjunction with a Brescia Entrance Scholarship

### FOODS & NUTRITION SCHOLARSHIP: \$1,000

- Entering Year 1 of the Foods & Nutrition program
- Minimum 80% average
- Automatically awarded with an offer of admission
- May be held in conjunction with a Brescia Entrance Scholarship

### BRESCIA SHSM AWARD: \$2,000

- Unlimited number of awards given
- Minimum 79.5% average and successful completion of Specialist High Skills Major (SHSM)
- Entering studies at Brescia for the first time
- May be held in conjunction with a Brescia Entrance Scholarship
- No application required

## OTHER SCHOLARSHIPS & AWARDS BY APPLICATION

### COMMUNITY LEADER AWARD: \$1,000

- Four awards given
- Minimum admission average required for program of study applied to
- Entering studies at Brescia for the first time
- Award based on extracurricular involvement in school, work, or volunteer positions in the community, leadership experience; two references required
- May be held in conjunction with a Brescia Entrance Scholarship
- **Application deadline: June 1, 2022**

### BRESCIA LEAD EXCELLENCE AWARD: \$5,000

- Minimum 79.5% admission average required
- Entering studies at Brescia for the first time
- Award based on extracurricular involvement in school, volunteer and leadership experience; two references required
- May be held in conjunction with a Brescia Entrance Scholarship
- **Application deadline: May 1, 2022**

## BURSARIES

Canadian students who are new to Brescia may apply for a non-repayable entrance bursary of \$500 to \$2,000.

## BOLD Works

Through paid positions on campus, you'll receive income and valuable work experience.

## OSAP (Ontario Student Assistance Program)

If you reside in Ontario, you may apply for a student loan and grants.

## SCHOLARSHIPS FOR CANADIAN HIGH SCHOOL STUDENTS

Scholarship	Number Awarded	Academic Requirements	Value
Board of Trustees Continuing Scholarship	THREE	Offered to top 3 students in entering class	Full Academic Tuition
Principal's Entrance Scholarship	UNLIMITED	95%+	\$4000
Academic Dean's Entrance Scholarship		92.0-94.9%	\$3500
Brescia Faculty Entrance Scholarship		90-91.9%	\$3000
Brescia Entrance Scholarship for Academic Excellence		85-89.9%	\$2500
Brescia Scholars Entrance Scholarship		82.0-84.9%	\$1500

## INTERNATIONAL BACCALAUREATE STUDENTS

Scholarship	Number Awarded	Diploma Score	Value
Principal's Entrance Scholarship	UNLIMITED	40+	\$5000
Academic Dean's Entrance Scholarship		37-39	\$4500
Brescia Faculty Entrance Scholarship		35-36	\$4000
Brescia Entrance Scholarship for Academic Excellence		30-34	\$3500
Brescia Scholars Entrance Scholarship		27-29	\$2500

IB Scholarships are awarded based on final diploma scores (with up to 3 bonus points). All scholarships may continue for up to four years and will be based on final grades.

## INTERNATIONAL HIGH SCHOOL STUDENTS

Scholarship	Number Awarded	Academic Requirements	Value
International Entrance Scholarship	UNLIMITED	95%+	\$5000
		92.0-94.9%	\$4500
		90-91.9%	\$4000
		85-89.9%	\$3500
International Entrance Scholarship	UNLIMITED	82.0-84.9%	\$2500
		80% or above	\$6000 and a double room in Brescia Residence

All scholarships are automatically assessed based on final grades and may continue up to four years.

## TUITION & FEES

### TUITION FEES

**(Full-Time, Canadian Permanent Resident\*)**

Preliminary Year: \$7,743.63  
Year 1: \$8079.23 (includes all Orientation/Bridging fees)

### TUITION FEES

**(Full-Time, International\*\*)**

Preliminary Year: \$21,130.63 (includes Bridging fees and UHIP fees)  
Year 1: \$38,993.23 (includes Bridging fees and UHIP fees)  
Year 1 MOS: \$49,489.23 (includes Bridging fees and UHIP fees)

\*Estimate for tuition fees based on 2021-2022 fees; subject to change. Tuition fees include all student and ancillary fees, including the university health plan for international students.

†Please note the Brescia International Bridging Program is required for all students who are not Canadian citizens or permanent residents living abroad. The program is included in your fees.

### RESIDENCE FEES\*

Private room with shared en-suite washroom: \$8,570

Private room with private washroom: \$9,320

Premium private room (king bed) with private washroom: \$9,720

Meal Plan: \$4,450

All students living in Clare Hall will be required to purchase the Meal Plan. Meal Plan dollars are deemed non-taxable and are nonrefundable.

\*Estimate for residence fees based on 2021-2022 fees; subject to change

VISIT [BRESZIA.UWO.CA/MONEY\\_MATTERS](https://www.brescia.uwo.ca/money_matters) FOR MORE INFORMATION ON TUITION AND SCHOLARSHIPS

# VISIT BRESCIA.



## OPEN HOUSES

Open Houses are a great way to learn more about Brescia. We offer:

### FALL PREVIEW DAY

Saturday, November 6, 2021

### MARCH BREAK OPEN HOUSE

Saturday, March 12, 2022

## IMPORTANT DATES

### NOVEMBER 13 & 14, 2021

Campus Tours

### JANUARY 13, 2022

Deadline for OUAC 101 (Ontario High School) applications

### MAY 14, 2022

Accepted Students Day

### JUNE 1, 2022

Deadline for students to accept an offer of admission (to be guaranteed a space in your program of choice)

JUST A TWO HOUR DRIVE FROM TORONTO OR DETROIT

## TAKE THE TOUR

YOU CAN TAKE A CAMPUS TOUR MONDAY THROUGH FRIDAY AT 10:30 A.M. AND 2:30 P.M. TO SCHEDULE A TOUR, CONTACT US AT

[Brescia@uwo.ca](mailto:Brescia@uwo.ca) OR CALL 519.858.5151

YOU ALSO CAN BOOK A TOUR ONLINE AT: [Brescia.uwo.ca/admissions/visit\\_campus/campus\\_tours.php](https://www.brescia.uwo.ca/admissions/visit_campus/campus_tours.php)

## @BRESCIAUC

FOLLOW US ON SOCIAL MEDIA AND VISIT US AT [Brescia.uwo.ca](https://www.brescia.uwo.ca)

WESTERN AND AFFILIATES MAP COURTESY OF WESTERN UNIVERSITY. FIND THIS FULL MAP AND OTHER CAMPUS MAPS AT: [GEOGRAPHY.UWO.CA/CAMPUSMAPS](https://www.geography.uwo.ca/campusmaps)

## BRESCIA AT A GLANCE

### FOUNDED

1919

### LOCATED

London, Ontario, Canada

### AFFILIATED

With Western University

### DEGREES

Granted by Western University

**STUDENT/FACULTY RATIO:** 14:1

### ENROLLMENT:

1,600 full-time students; 200 part-time

### ENTRANCE SCHOLARSHIPS:

Begin at 82% admission average

## PROGRAMS

### ENGLISH

Creativity & Literature

### FAMILY STUDIES & HUMAN DEVELOPMENT

Nutrition & Families

### FOODS & NUTRITION

Nutrition & Dietetics

Foods & Nutrition

### FRENCH

French for Teaching

### HEALTH SCIENCES

### HISTORY

Power in History & Politics

### KINESIOLOGY

### LEADERSHIP STUDIES

### MANAGEMENT & ORGANIZATIONAL STUDIES

Accounting, Consumer Behaviour

Food Management & Marketing

Nonprofit Management

### PHILOSOPHY

### POLITICAL SCIENCE

Power in History & Politics

### PRELIMINARY YEAR (FOUNDATION YEAR)

### PSYCHOLOGY

### RELIGIOUS STUDIES

### SOCIOLOGY

Crime & Communities

Criminal Justice

Community Development

Community Development in a Global Context



BRESCIA.UWO.CA

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